

Lesson 15

Pleasure and Human Rights

Activity 2

Activity:

Students will need to find, or the instructor can bring in, several magazines with articles about “How to please your guy.” If students go out to look for articles, see if any can find articles that cater to “How to please your woman.” What is the assumption underlying these articles? Why are there so many articles about women pleasing men? List all the messages to young women that these articles imply. Do girls feel empowered if they are good at pleasing men? Why?

For the Teacher/Groups After They Have Done the Exercise:

Here are some of the messages to help students look for: it’s his pleasure that’s important; it’s hard to please men and you must work at it; it’s a competition that you will be evaluated on and other girls may win out (as in the Pussycat Dolls song, “Don’t Cha Wish Your Girlfriend Was Hot Like Me? Don’t Cha Wish Your Girlfriend Was a Freak Like Me? Don’t cha?”); that doing things *to* someone creates pleasure rather than being with someone you really like; that one needs to learn specific sexual skills and if you don’t learn them you will not be “good in bed”; that one needs to buy products to please someone; that this is one of the most important things to know about in a woman’s life!
